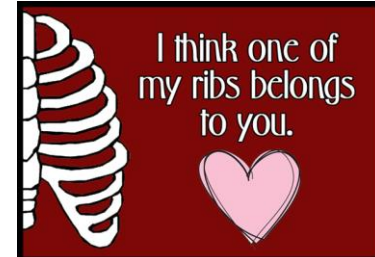


February 2020

Lappe Lutheran Church

A bowl of vegetables with someone you love is better than steak with someone you hate.
— Proverbs 15:17 (NLT)

Is your name Grace? Because you are AMAZING!



This February, you can make a difference for Arctic wildlife by joining the [Polar Bear Walk](#).

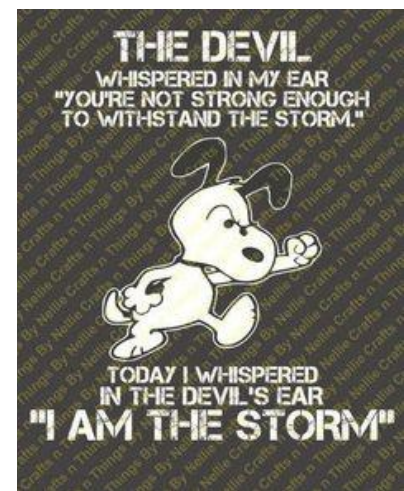
Every year, polar bears in Hudson Bay walk up to 5,000 kilometres across Arctic sea ice in search of food to raise their cubs. But the sea ice on which they depend is changing, and in some cases disappearing altogether. As sea ice continues to shrink, polar bear populations are estimated to decline by one third by 2050.

Join World Wildlife Fund Canada and thousands of other nature lovers, in symbolically walking alongside the polar bear to celebrate International Polar Bear Day on February 27, or any day this winter, and help create a better future for Arctic wildlife.

YOUR LIFE IS MADE OF TWO DATES AND A DASH. MAKE THE MOST OF THE DASH.

I am undecided about which pants to wear today—smarty or fancy?

NEVER PUT THE KEY TO YOUR HAPPINESS IN SOMEBODY ELSE'S POCKET.



SOME PEOPLE TRY TO TURN BACK THEIR ODOMETERS. NOT ME, I WANT PEOPLE TO KNOW WHY I LOOK THIS WAY. I'VE TRAVELED A LONG WAY, AND SOME OF THE ROADS WEREN'T PAVED.

I can't wait until we're all in nursing homes. It'll be fun to write bathroom graffiti about the staff they can't understand... because it's in cursive.

LISTEN & SILENT are spelled with the same letters
Think About It ツ

Try to remember, the greener grass across the fence may be due to a septic tank issue.

Sometimes you might feel like no one's there for you, but you know who's always there for you?

Laundry.

Laundry will always be there for you.

I want a closed casket funeral. However, towards the end of the service, please have the organist play "Pop goes the weasel" over and over until everyone in attendance is staring at my coffin with silent, horrified anticipation.

I had my patience tested.
I'm negative.

An apple a day is crazy. Apples are dangerous. Just look at Eve, Snow White, Blackberry, or any pig at a luau.

Life becomes *easier* when you learn to accept the apology you never got.

A Checklist of Important Documents to include in Your Grab-and-Go Emergency Binder:

A “grab-and-go binder” makes it easy to get out of the house with all of your important papers in case of an emergency. Use this checklist to help you gather the documents that would be difficult to replace. Some of the items on this list might not apply to you and your family, or you might have additional documents that you'll need to organize. If you are missing any of the following papers, this is an excellent time to find replacements, order certified copies of legal documents such as birth certificates, and decide if you need to update your will or insurance coverage.

Copy the cards in your wallet, or at least write down the information:

- ☐ Driver's license
 - ☐ Credit cards, including the phone numbers to call in case of loss or theft
 - ☐ Social Insurance card
 - ☐ Health insurance cards
 - ☐ Other ID cards from work, school, organizations or associations
 - ☐ Birth certificates
 - ☐ Marriage certificates
 - ☐ School transcripts and diplomas
 - ☐ Immunization records
 - ☐ Prescriptions for medications and glasses
 - ☐ Passports
 - ☐ Power of Attorney
 - ☐ Medical Power of Attorney
 - ☐ Living Will, etc.
 - ☐ Trust papers
 - ☐ Wills
 - ☐ Deed to burial plots
 - ☐ Vehicle titles (including tractor, trailer, etc.)
 - ☐ Property deeds
 - ☐ Insurance policies (homeowners, life, car, etc.)
 - ☐ Bank account numbers
 - ☐ Stocks and bonds
 - ☐ Income tax records for prior years
 - ☐ Phone numbers for family, doctor, employers, neighbours
- Contact information and account numbers for utilities (hydro, phone, gas, oil...)

Don't forget your pets, they have important papers too:

- ☐ Immunization records for pets
- ☐ Proof of spay/neuter for dogs and/or cats
- ☐ Livestock registration papers and health certificates
- ☐ Photo of pets for identification purposes (even better: photos of YOU with your pet to prove ownership)



Valentine's Day, also known as Saint Valentine's Day, originated as a church holiday on February 14th to honor martyrs of the faith - saints whose names were Valentine or Valentinus. It is believed that the first heart valentine note was sent by a Valentine who was in prison for a girl he loved. Valentines notes have been recorded for as far back as the Middle ages. While the meaning and celebrations of Valentine's Day has changed, it has remained as a special day to shower with love those we hold close.

Valentine's day can create a variety of emotions for different people. For some it creates great satisfaction celebrating the love you have between you, your spouse, and your friends & family. For others it can cause feelings of loneliness. Whether you are single or in a relationship, let these Bible verses encourage you to celebrate, for God has unconditional and indescribable love for us. No matter your age or stage in life, Valentine's Day can be celebrated because of God's great love.